

Statement Concerning KPU/HPU

Dr. Klinghardt believes that the KPU/HPU issue is a significant one, hence he has explored and used various treatments for the condition. He believes that a combination of zinc, manganese, vitamin B6 and certain other constituents is for many patients an effective combination based on his own clinical experience and also based on what he has gathered from its use in Europe.

Dr. Klinghardt also believes that if someone is proceeding without a practitioner to undertake a KPU/HPU protocol of any kind, caution must be exercised. Generally it is better to start slowly and at low doses in order to determine what is tolerable. It may be that large doses, particularly of zinc, may be required to remedy deep mineral deficiencies. In the presence of large doses, however, one must be aware of possible toxicity, for example in context of the zinc/copper balance. And there may be specific conditions, such as Parkinson's disease and its possible relationship to manganese, that deserve cautious application of KPU/HPU protocols.

Dr. Klinghardt believes in the basic chemistry underlying mineral supplementation to treat KPU/HPU but the key point is caution should be the rule.